



AMAZING CHRONICLES

Newsletter for the students, parents and staff of Amazing Kids Private School

July 2017

Inside this issue

<i>From the PRO's Desk</i>	<i>Heja Lodge Trip</i>	8
<i>Learn through Play</i>	<i>Uncle Andrew's Soul Food</i>	8
<i>Safety Campaign</i>	<i>Gr.4 Heroes Acre Outing</i>	9
<i>Drugs & Alcohol</i>	<i>High School Big Walk</i>	10
<i>Hygiene Talk</i>	<i>Campus 2 Corner</i>	11
<i>Orange River trip</i>	<i>NADEET</i>	12
<i>Read-a-thon & Spell-a-thon</i>	<i>Earth Science Museum</i>	13
<i>Science Fair</i>	<i>Art Works</i>	14
<i>Science Fair Regional</i>	<i>Upcoming Events</i>	15



PRO's Desk

Greetings to all readers.....

I am thinking of the saying, "No man is an island" and I realize it is absolutely true in every sense of the word. No matter how hard we try to isolate ourselves from others because of hurt, complications or controversy in relationships, the fact will always remain, **"WE NEED EACH OTHER"**. For our school to be Amazing we need the support and involvement of parents, children, teachers and all stakeholders. We are all in this together!
 "Carry each other's burdens, and in this way you will fulfil the law of Christ" Gal.6:2

The PRO

LEARN THROUGH PLAY

At Amazing Kids we pride ourselves in focusing on holistic development of the child. That includes academics, sport, arts & culture, etc. Part of that is the importance of learning through play. Playing ball games, running, climbing, all help to develop body movement, strength, flexibility and co-ordination skills.



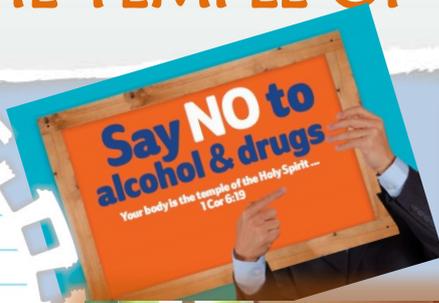
Play is one of the main ways in which children learn. It helps to build self-worth by giving the child a sense of his/her own abilities and to feel good about self. They are so absorbed in what they are doing while playing that it also helps them develop the ability to concentrate.

SAFETY CAMPAIGN MONTH – JULY

MY BODY IS THE TEMPLE OF THE HOLY SPIRIT



*Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God?
1 Corinthians 6:19*



On the 12th of July the learners of Amazing Kids Private School took to the streets of Cimbebasia to March against Alcohol and Drug abuse and the existence of illegal shebeens in local communities and especially near schools.

It was a peaceful demonstration aimed at making children and the surrounding community aware of the dangers of alcohol and drugs.

The event was attended by the teachers and the media who did extensive coverage on the event, creating more awareness to the community at large.

The existence of shebeens in our community is a worrisome reality that threatens the overall wellbeing of families.

Shebeens popping up everywhere in residential areas make it easier for people to obtain alcohol, which the use off, sometimes leads to the need for stronger substances such as drugs and/or marijuana.

This trend sends out mixed messages to our youth who are being taught by parents, schools and churches that the use of these substances are detrimental to their health and wellbeing.

*"Children hear everything we say
And they mimic everything we do
Give them a good example".*

DRUGS AND ALCOHOL

Substance use can lead to long-term social and health problems, injury, and even death.

Personal, family and community factors increase a teens risk for using substances and possibly developing a problem.

PERSONAL RISK FACTORS

Genetics: Teens with alcohol and drug abuse problems often have a family history of substance abuse.

Temperament and personality: Rebelliousness, resisting authority, feelings of failure and not having close relationships may lead a teen to use substances.

Certain health problems: Teens with untreated ADHD, conduct disorder, depression, PTSD or anxiety disorder are more likely to use alcohol or drugs. These substances can also worsen these conditions.

Drug expectations: Teens often have the wrong ideas about the harmful effects of substances.

Teens who abuse these substances may have trouble finding their identity, building relationship skills, and becoming emotionally stable.

Early age at first use: Using alcohol or other drugs at a young age greatly increase a teen's risk for having an abuse problem.

Chaotic home environment: Teens that live in disruptive home environments maybe easily attracted to substance use.

Academic failure: Children that fare poorly in school or with low academic aspirations are at risk to consider substance use.

Affiliations with defiant peers: Teens that hang out with the wrong crowd are at risk.

Talk to someone today and save your life that way.

Growth and development can be affected by tobacco, alcohol, and drugs.

PROTECTIVE FACTORS

- Strong family bonds
- Parental engagement in a child's life
- Clear parental expectations and consequences
- Academic success
- Strong bonds with pro-social institutions (school, community, church)
- Conventional norms about drugs and alcohol

Parents can love and discipline their children out of substance abuse.

HOW SUBSTANCE USE AFFECTS TEEN'S HEALTH

Teens that abuse these substances may have trouble preparing for their future. It can affect memory and learning.

Any substance use can grow very quickly from **experimenting or occasional use to abuse and addiction** in teens at risk.

***Alcohol** affects all organs of the body but has its most serious effect on the liver. It decreases the quality of sleep. It can also cause problems with brain development.

Alcohol is sedative. Drinking makes it harder for a person to think and act quickly. It slows down thinking and moving, and it makes a person less alert.

Drinking can lead teens to have unprotected sex. This raises the chance of pregnancy and sexually transmitted infections.

Let's Talk

***Marijuana (Dagga)** can hinder memory, problem-solving, and learning. It can also cause mood swings, anxiety and depression.

***Cocaine** can cause abnormal heartbeats, sometimes causing a deadly heart attack, seizure or stroke.

***Other substances-Inhalants (glues, aerosol sprays, gasoline, paints and thinners)** are easy to get and inexpensive. They contain poisons that can cause brain damage, or in rare cases, even death with the first use.

***Club drugs like ecstasy, date rape drugs and Meth** can cause seizures, stroke, and serious mental problems, including paranoia, hallucinations, delusions and long-term health problems.

***Hallucinogens** can cause lasting problems such as psychosis and flashbacks.

***Opiates** such as codeine, heroin and morphine. Teens that use these drugs may steal, prostitute themselves or resort to other dangerous or illegal behaviour to buy drugs.

***Anabolic steroids**, which teens use to build muscle tissue and decrease body fat, can cause liver cancer and increase risk of heart attack and stroke.



Please love yourself enough to abstain!!

Please be
alarmed!

DRUG POEM

I take kids from their parents, parents from their kids.
I turn people from God, and separate friends.
I'll take everything you have (looks, money and pride)
I'll be with you always; I'll be by your side....

I'll take and take until you have nothing more to give.
When I'm finished, you will be lucky to have lived.
If you try me, be warned this is no game,
If given a chance I will drive you insane....

I'll waste away your body; I'll control your mind.
I'll own you completely; your soul will be mine.
The nightmares I'll give you while lying in bed,
The voices you'll hear inside your head.....

The sweats, the shakes, and the visions you will see...
I want you to know, they are all gifts from me.
By then it's too late, I'm now in your heart,
Now you're all mine and we will never part.....

You'll regret you tried me, they always do
You'll come to me, not me to you.
You knew this would happen, many times you were told,
You still challenged my power, and chose to be bold....

I destroy homes, tear families apart.
I take children from their moms and that is just the start.
I am more costly than diamonds, more precious than gold.
The sorrow I bring is a real life hold....

If you need me I'm easily found
I live all around you in schools and in towns.
I live with the rich and with the poor,
I live down the street and maybe next door....

My power is awesome, try me and see
If you don't, you may never be free.
Just try me once, and I might let you go,
But try me again and I may own your soul....

I'll possess you, you will steal and lie.
You will do anything just to get high.
You will lie to your mother, and rob your father.
You won't care about anyone; I'll be the only thing on your mind.

You'll forget your morals, and how you were raised.
I'll be your conscience, I'll teach you my ways....
You could have said no and walked away,
Instead you decided to stay.

I'll be your master, you'll be my slave.
I'll even go with you to your grave.
Now that you've met me, what will you do?
Will you try me again?
The choice is all up to you.....

With love, the drug family

HYGIENE TALK



On Friday the 7th of July the Lower Primary children received a visit from the promoters of Lifebouy and Domestos.

The reason for their visit was to make the children aware about the importance of hygiene in, on and around themselves.

Emphasis was put on:

***Germs** - Where they are found and how they operate?

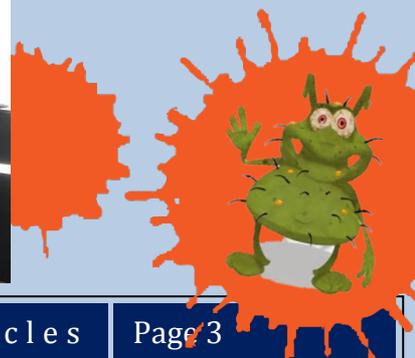
*** Soap** - The importance of using soap when washing hands in order to destroy germs.

***Hand wash** - The importance of washing hands on a regular basis especially after using the toilet, after playing and before eating.

The children were engaged in games, questions about hygiene and sharing of information.

The team was warmly welcomed and they felt right at home at AKPSA. They brought with them gifts and treats for every child and teacher.

It was yet another day of "fun while learning" at Amazing Kids.



ORANGE RIVER - BUNDI TRIP

Grade 9 Goes River Rafting!

INTERESTING FACTS!

The Orange River, South Africa's major river rises in the Drakensberg in Lesotho, where it is known as the Senqu. From where the river leaves Lesotho, it flows westward for some 2200km to where it finally flows into the Atlantic Ocean at Oranjemund, Namibia. The Orange River is the natural border between Namibia & South Africa in the //Karas Region.

It was named by Robert Jacob Gordon after the Dutch Royal House. Other names include Gariep River, Groote River or Senqu River. The official name, however is, the Orange River.

It is the longest river in South Africa. It provides water for irrigation, as well as hydroelectric power.



The Grade 9's took a trip to the Orange River where they did river rafting, mountain climbing and camping in the open air.

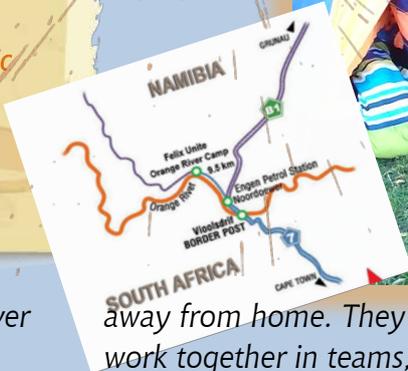
The aim of the trip was to teach the children to appreciate and admire God's creation, and how to cope with the bare necessities

away from home. They had to learn how to work together in teams, set up camp, make camp fires, and prepare food in a primitive way.

The children were in good spirits, determined to enjoy everything that this experience had to offer.

They experienced a lot of fun and adventure and at the same time learning new things.

Another successful educational trip while having loads of fun.



READATHON & SPELLATHON

"READING is to
the MIND,
what
exercise is to
the BODY"



Reading forms an integral part of learning. At Amazing Kids we realise that, which is why we embark upon a week long Read-a-thon and Spell-a-thon exercise, once a term to expose learners to the challenge of improving their reading and spelling skills and also to create awareness of the importance of reading.

The children are engaged in reading stories in the newspapers, story books, e-books, fables, folk tales, completing crossword puzzles, word building and sentence construction. Our theme this term was "Creating a Culture of Reading".

Children were encouraged to read even during break and lunch times and also while they are waiting to be fetched from school.

The importance of the activity of reading cannot be overemphasized. In a culture where technology is gaining mastery, we need to continuously sensitise our children to the value of the simple act of "READING".

In the Spotlight

Science Fair



Amazing Kids learners have been participating in the Science Fair for the last 5 years. They have proven themselves to be confident in the field of Mathematics, Engineering and Information Technology. As time progressed and they were exposed to different levels as well as different kinds of projects, our learners have grown into maturity and excellence.



As a result of their hard work and commitment they have landed the prize for Best High School and Best Primary School in 2016. Last year we had 8 learners representing the Khomas Region at the National Science Fair and this year we will have 5 learners going to the National Science Fair.



Amazing Kids also had one of the youngest learners participating in the Science Fair. Akio Johnson who entered with his twin sister Akira at the age of 6, showed it is never too early to start challenging the intellect.



SCIENCE FAIR GOING REGIONAL



Best Primary School in the Khomas Region at the Regional Science Fair for 2017.



Lower Primary learners pictured with Science Teacher, Mrs Ivone Jansen. **Bronze medallists** are: Bernardo Dambi, Dahlia Mezuiengo and Kenapeta Katjitundu, Hulda Shafashike and Thabo Sitwala. **Silver medallists** are: Akira & Akio Johnson. **Gold medallist**: Moli Kitheka

Above: Upper Primary winners with Science teacher Ms. Fortune Sitsha. From left to right, Nikhila Phati (gold) and also overall winner for Mathematics in Primary School, Nikita Shipiki (silver) and Puje Tjaimi (gold).



Recipients of certificates for participation in the Internal Science Fair are pictured at the back from left, Thelima Kazembe, Michael Mutingi and Utoni Nujoma. From front left are Etuhole Kafidi, Christine Kavyu, Christa Mahoro and Micheala Nascimento.



Recipients of certificates for participation in the Regional Science Fair are pictured above from left Persida Bekete, Reese Lubega, Ndati Kafidi, Mukuambi Kanjandee, Tariro Mlambo, Benedict Mturi, Tutaleni Nashilongo and Kaino Nkole. With them on the far right is Science teacher Mr. Gerard Ndayizeye.

National Science Fair Representatives

- Moli Kitheka (Grade 2)
- Nikila Patti (Grade 6)
- Puje Tjaimi (Grade 6)
- Nkole Kaino (Grade 7)
- Moyo Zenzo (Grade 11)

GRADE 2 HEJA LODGE TRIP

On 13 July the Grade 2 learners went by train on an educational excursion to Heja Lodge.

The main purpose of this outing was to expose the children to a train ride experience, a game drive and teaching them to work together in a team. As a result the children had first-hand experience about the different means of transport which is an integral part of their Environmental Studies curriculum.

The learners were privileged to see some of the wild such as bush bucks, oryx, wilde beest and warthogs. After all the exciting game viewing, the children got served a mouth-watering lunch.



Uncle Andrew's Soul Food



Greetings in Jesus Christ our Lord.

True education is well defined as the harmonious development of all the faculties – a full and adequate preparation for this life and the future eternal life. It is in the early years in the home and in the formal schoolwork that the mind develops, a pattern of living is established as well as the character that is formed. Ed7.3

Therefore as parents and teachers we are to work together harmoniously in order to achieve educational greatness in the lives of our learners.

Let us therefore make the commitment to make a better future today.

God bless

WHAT DO YOU KNOW ABOUT HEROES ACRE?

- ✦ The Heroes' Acre is an official war memorial of the Republic of Namibia.
- ✦ It is situated 10km outside of Windhoek to the south.
- ✦ It was officially opened on 26 August 2002
- ✦ It operates for the purpose of "foster(ing) a spirit of patriotism and nationalism, and to pass on the legacy to the future generations of Namibia".
- ✦ The burial site situated there consists of 174 tombs, not all of which are currently occupied.
- ✦ At inauguration nine national heroes and heroines were identified. For each of them a tombstone with name and picture has been erected, although they are not buried here.

On the 17th of July the Grade 4's visited the Heroes Acre site 10 km south of Windhoek.

The purpose of the visit was to show the children one of the historical sites in our country, which forms part of the heritage of Namibia and also part of their Social Studies curriculum.

At the site the learners were met with a Tour Guide who gave them a tour around the place and extensive information about the establishment of the place.

The children were given the opportunity to ask questions.



They could explore on their own as well and discovered many interesting things such as:

The graves of the Namibian heroes — 170 resting places for the heroes and heroines of this Country.

The Unknown Soldier — a statue representing all Namibians who died in the struggle for Independence.

The Obelisk — the focal point of the monument

The Bronze Mural — bronze artwork depicting the struggle for Independence.

The Eternal Flame — representing the undying spirit of freedom and recognition of the sacrifice that was made for Namibia.

The visit really instilled within them a spirit of patriotism and nationalism.

HIGH SCHOOL BUSINESS

High School "Big Walk" on Friday 28 July. It was great fun as teachers and parents joined in.

Another opportunity to build social relations between parents, children and teachers.



FUN AFTER THE BIG WALK



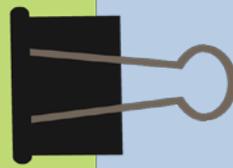
After the Big Walk the High School children enjoyed themselves on the Sports field.



They engaged in different activities such as Soccer, Volleyball, selling home-made treats and having a barbeque.



CAMPUS 2 CORNER



CAMPUS 2 GIVES CHEERFULLY!

"Give cheerfully" was literally taken to another level when Campus 2 blessed two Community Projects with a generous amount of donations.

Pictured above is Erica's Day Care Centre that takes care of +/- 60 kids and Martti Ahtisaari Pre-Primary School that runs a soup kitchen feeding vulnerable children.

AKPSA children felt special knowing they too can make a difference at such a small age. Thanks to the generous contributions of our parents.

CAMPUS 2 VISITS THE FIRE STATION

The excitement continued when Campus 2 learners visited the Fire Station.

It was a very exciting and interesting experience for our little ones as they were given the opportunity to get onto a real fire engine, pressing the horn and turning the water hose on and off.

The staff at the Fire station was very kind and patient, explaining in detail what every item and tool is used for.

FUN FACTS ABOUT THE WINDHOEK FIRE STATION

~The biggest fire engine at the Windhoek Fire Station holds 10 000litres of water. It pumps a staggering 200litres a minute.

~Firemen's clothing can withstand temperatures of 500 degrees Celsius.



NADEET



WHO IS NADEET?
[Namib Desert Environmental
Education Trust]

A vibrant environmental education
organisation located on the
NamibRand Nature Reserve.

Teaching children and adults
about sustainable living,
biodiversity and the balance
between humans and the
environment.



During the week of 24–28 July the Grade 6 learners went on an educational trip to NADEET.

What they learned?

- The reading and recording of the weather
- Exploring energy of weather climate change, absorption and reflection, conduction and insulation.
- Using of the sun to cook on solar cookers
- Investigating lightbulbs
- Investigating water and waste products
- How to use water wisely
- Classification and adaptation



The learners had the experience of a lifetime as they learned how to live sustainably on limited resources. Most of what they learned is covered by their syllabus. The most valuable of this experience is that the children walk away from this, with a different view on life and are encouraged to live sustainable lives.



EARTH SCIENCE MUSEUM

GRADE 10's
zoom into
rocks and ores.

The Grade 10 learners undertook a field trip to our local Earth Science Museum in July. The purpose of the visit was to investigate the relevance of rocks in different fields of study.

It proved that rocks are not only relevant to Geologists but also to Mechanical Engineers, Historians, Archaeologists, Jewellers, Meteorologists, Miners and Iron Smiths.

They learned that Namibia has the largest meteor to touch the earth, of which some samples are housed at this museum.

It was exciting to know that Namibia has among the best diamonds in the world. Although they are small but the quality is very high.

The Museum Curator took the children around showing them the displays on most major mines, showcasing ore and mineral samples and giving a short explanation about their history.

They also learnt that Namibia's climate was different today than it was thousand years ago thus giving rise to its distinctive plant and animal species.

Children left the museum feeling very much inspired and their mind sets changed about the study of Geography.

Do you also want to visit the museum?

The National Earth Science Museum, is located on the ground floor of the Ministry of Mines and Energy in Windhoek. The ministry is on Aviation Road near Eros Airport.

Open Mon-Fri: 08h00 – 17h00
Entrance is free



The main aim of the museum is to 'promote the knowledge of Geosciences to Namibians as well as foreign visitors'. It also serves as safe storage for some of Namibia's rocks, minerals, fossils and meteorites.

ART

WHAT IS SHOWING ON CANVAS?

WHOSE ROLE IS IT TO EDUCATE THE PUBLIC ABOUT MUAFANGEJO

An exhibition with learners from Amazing Kids Private School

Opening 24th July @ 18:00
John Muafangejo Art Gallery
Exhibition runs until August 4th

Or visit the JMAG Office at the Old Cinema,
Kleinfontein Community Art Centre, Leonard Assis Street,
P.O. BOX 6084 Katutura, Windhoek, Namibia.
Tel: +264-61-802749 or art.info@jmuafangejo.org



In July the AKPS&A Art students were the proud recipients of clean sheets of canvas and other art materials donated to them by the John Muafangejo Art Gallery.

The Gallery is a Namibian creative "think tank", focused on establishing collaborative methodologies in contemporary arts practice & forging expansive networks.

The art material was used to prepare them for the Art Exhibition to showcase the drawing style of the late John Muafangejo.

Under the supervision of their art teacher John Kalunda, the students set to work immediately, being very excited to be given such an opportunity.

On the 31st of July the children were ready to exhibit their masterpieces at the Art Exhibition held at the Art Gallery in Katutura.

The Exhibition was held to educate the public about the work of the late John Muafangejo who became famous locally and internationally as a maker of woodcut prints, linocuts and etchings.

It was the very first public group exhibition done by AKPSA art students and was attended by students, their parents, teachers and the general public.

The Exhibition consisted of different types of artworks such as print making on mixed media painting that represented the art images of the late John Muafangejo.

The students were inspired by his work of which they decided to venture into the emotional landscape and identity of Africa.



Upcoming Events

2-4 August.....	Examination Revision Week
7-17 August.....	Term 2 Examination
17 August.....	School closes for learners
21 August.....	Teachers close
21-26 August.....	Spring School for Grade 12
24 August.....	Progress report collection
04 September.....	School re-opens for 3 rd Term.



Q: What is the world's tallest building?
A: The Library because it has the most stories.

Q: What vegetables do librarians like?
A: Quiet peas.

Q: Why did the clock in the cafeteria run slow?
A: It always went back four seconds.

Q: Why didn't the sun go to college?
A: Because it already had a million degrees.



Chuckles