



# AMAZING CHRONICLES

Newsletter for the students, parents and staff of Amazing Kids Private School

July 2017

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## Welcome to our new staff members



### PRO's Desk

What a blessing to be back after a long deserved break. It is good to have everyone back and rested, ready to take on the Second Term. It should be edged in our minds always to strive to be better than we were yesterday. Ever learning, ever achieving, and ever striving for excellence in everything we do. Keeping in mind that "whatever you do, do it heartily, as to the Lord, and not unto men". Col 3:23

The PRO



We are happy to welcome our new staff members. They are from left: **Rebecca Bambaririki** (Substitute French Teacher), **Alma Adonis** (Gr.3), **Voza Mouton** (Gr.4), **Moladia Willemse** (Accountant), **Kylie Langenhoven** (Head of Finance) and **Johannes Louw** (High School – Geography and History).

# FIRST DAY OF 2<sup>ND</sup> TERM

Back to basics on the first day of school.



LEARNING IS FUN! LEARNING IS FUN!

*"Holistic education is the most powerful weapon which you can use to change the world"*



# Head girl's Note



*Per Ardua Ad Astra: Through adversity to the stars.*

With plus minus 13 years of school behind us and 17 years of life, we have all the bumps and bruises of adolescent life and perhaps the barest hint of wisdom to show for it. We stand upon endless capabilities, and

How can we not be envied? Not for what we have done, but for what we can still do. Ahead of us is life, a grand adventure.

Our lives up to this point have always been pretty much the same with the same resolutions yearly – get promoted to next year. Yet today we are at the door of boundless freedom, each to live a life that is solely our own. As the class of 2017, today is the first day of the rest of our lives, but so was yesterday and so shall be tomorrow and the day after that.

The decisions we make each day steer the course of our lives and this never ceases to be true.

We may not succeed each day, however, failure is only when we give up without trying. It is natural for dreams to shift and change in time but we are always better for pursuing them than leaving them to be merely dreams.

One definition of success is the ability to live life without regrets, not going around wondering what could have been, yes we all make mistakes, however, we cannot allow ourselves to get caught up in the past, that we forget about the future or the present.

To live without regrets is to keep all special moments at heart. Though different our dreams and plans may be, one thing that brings us together is **HOPE**.

**VENI, VIDI, AMAVI** - We came, We saw, We loved

AKPSA CLASS OF 2017



## FLU FREE THIS WINTER

### HOW TO STAY FLU FREE THIS WINTER

- Avoid sharing drinking and eating utensils with people who are sick
- Wash your hands before eating; it really does keep germs away.
- Increase your **Vit C** intake, which may boost your immune system, by eating ample amounts of fresh fruits and vegetables. *Oranges, tomatoes and broccoli* are good choices.
- Drink at least 8 glasses of water a day. Herbal teas and diluted fruit juices are good options for increasing your water intake.
- Get enough sleep.
- Manage your stress
- Take a multivitamin every day,
- Exercise regularly.

### DID YOU KNOW?

- \*Flu is a contagious respiratory disease.
- \*It is commonly spread from person to person via coughs and sneezes.
- \*The droplets from a sneeze can spread for a distance of six feet.
- \*A single sneeze can spread 100,000 germs into the air.
- \*The single best way to avoid getting a cold is to wash your hands a lot.
- \*Flu vaccine is the best protection against flu.
- \*Prevention is better than cure.

**STAY HEALTHY!!**



# DAY OF THE AFRICAN CHILD



One June 16 every year, schools all around Africa are celebrating this day in memory of those who died to fight for 'A child-friendly, quality, free, and compulsory education for all children in Africa'.



## DAY OF THE AFRICAN CHILD

### DID YOU KNOW?

- \*The day has been celebrated on June 16 every year since 1991.
- \*It honors those who participated in the Soweto Uprising in 1976.
- \*It raises awareness of the continuing need for improvement of the education provided to African children.
- \*On this day 16 June 1976, 10,000 black school children marched, protesting the poor quality of their education.
- \*They demanded the right to be taught in their own language.
- \*Hundreds were shot and thousands were injured. Among the killed was Hector Pietersen.
- \*Hector died at the tender age of 12 and his memory still lives on.



**Image Above:** Hector Pietersen (19 August 1963 – 16 June 1976) became the subject of iconic image of the Soweto Uprising in South Africa, when this picture of him dying was published around the world. He is being carried by another student while his sister ran next to him.

# Uncle Andrew's Soul Food

Together we can change the world, but divided the world will change us.



Greetings in the wonderful Name of Jesus Christ.

The early education of our youth generally shapes their character for life. Therefore we (Teachers and Parents) who deal with the young should be very careful to call out the qualities of the mind, that they better know how to direct their powers, and that their mind, body and soul may be exercised to the very best account. It is my desire for every Amazing kid at our school to become the best they can be with our best support we can give. Together we can change the world, but divided the world will change us.

God bless you  
Uncle Andrew

## YOUNG SCIENTIST



An Investment in Knowledge pays the best interest.



Pre-Primary Science Fair started last year with only 3 projects. This year the parents had the choice of projects and they supported the children very well. More projects were received and the children presented their projects with confidence. The Science Fair is not compulsory but it was introduced to raise interest in the children in the field of Science.

# FROM THE SPORTS FIELD



On the 20<sup>th</sup> of June the whole school joined in the mid-winter Polar Bear swimming event. It was a lot of fun for the children who participated. The hot chocolate served after the brave watery grave, regulated the body temperatures. Well done to the staff that organised it and made the day a huge success!



# MORE SPORTS.....



Boys' u/15 soccer match against Academia High School played on 13 June 2017. They *beat* their opponent with 2-1.



The girls' soccer team played against St. George's and *won* with a staggering 7-0.

*Well done to all our dream teams!*



Boys' u/17 Volleyball *took gold* at the NVF Tournament played against Namibia English Primary school in Katutura on 23 June 2017.



The u/13 netball team played against Theo Katjimune. The score was 0-13 in Katjimune's favour.



On 20 June the U/10 girls played netball against Theo Katjimune. Katjimune won 0-5.



On the 22<sup>nd</sup> of June the U/15 girls played against Delta. Delta won the match with 13/3.



Boys' u/15 won *bronze* and girls' u/15 won *silver* in a 3-a-side Volleyball tournament that took place against various schools.

# PEER PRESSURE

## Let's Talk

### *What is Peer Pressure?*

*Peer pressure is the influence you feel from a person or group of people to do something you might not otherwise consider doing.*

Peer pressure often happens because you don't want to be alone or left out. So you go with what other people think in order for them to include you.

A peer can be anyone around the same age as you, like a friend, classmate, or even someone you see on TV and admire.

You might try to live up to people's expectations, but it's important to be mindful to not have other people's expectations cloud what you want.

If you're dealing with peer pressure, remember you're not alone.

### *Where does peer pressure come from?*

*Peer pressure can be present at school or within a broader community. It can affect people of all ages and backgrounds.*

Peer pressure can affect you in a number of ways:

**\*Directly:** Peer pressure can be as simple and direct as someone telling you what to do. It might be a good idea to talk to someone you trust if you feel threatened, or if you're being hurt or pressured into something you don't want to do. You could talk to a family member, friend, teacher or counsellor.

**\*Indirectly:** Peer pressure might not always be obvious to you. You might only smoke when you are with certain friends, or you might be more likely to study when you are with other friends.

**\*Individually:** Sometimes the pressure comes from you. Feeling different from a group can be hard. To avoid feeling out of place, you might do things to make sure you feel like the rest of the group. When people feel unsure about themselves, they might be more likely to feel the effects of peer pressure.

**Take action:** Taking action against negative peer pressure can be easier when you're more comfortable in your environment. Standing up for yourself and others can be a way to gain that comfort.

*"Do not be overcome by evil, but overcome evil with good". Romans 12:21*

Talk to someone,  
A family member,  
a friend, a  
teacher or a  
counsellor.

### *How does peer pressure affect us?*

Peer pressure isn't always a negative thing.

It can be a positive influence and help challenge or motivate you to do your best. However, it is helpful to recognize that peer pressure can also be

negative. It can result in you doing something that doesn't fit with your sense of right and wrong.

Peer pressure influences the following:

- Fashion choices
- Alcohol and drug use
- Decision to date
- Choice of friends
- Academic performance

### *What can you do about peer pressure?*

Being an individual means making decisions based on what is best for you.

It means taking ownership and responsibility for what you do and how you think.

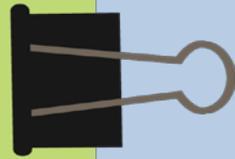
Being an individual also means that you can be a valued part of a comfortable and welcoming group. It might be hard to resist peer pressure and stay an individual. Here are some suggestions on how to get it right:

**\*Value common interests:** Rather hang out with people who like doing similar stuff. Remember that being seen hanging with the "cool crowd" might not be as much fun as it looks. It can get you into trouble if that crowd is doing wrong things.

**\*Say no:** Having the courage to say "no" is hard, but it can also make you feel good to stick with what you believe in. Explain to people in a calm way why you don't want to be part of something, and you might even earn respect from others and gain confidence in yourself.

**\*Try not to judge others:** Try not to place judgements on other people's choices. Respecting someone else's choices may help them to respect yours.

# AMAZING KIDS GIVES CHEERFULLY!



For God  
loves a  
cheerful  
giver.



During the period of 21-28 June Amazing Kids students reached out to different Charity Organizations in Windhoek to bless them with food items, toiletries, clothing and blankets donated by the parents. The Organizations that benefitted from our generous donations were Noah's Ark, Dolom and Salvation Kindergarten. It was a very humbling experience for AKPSA children to reach out and touch the lives of people less fortunate than them.

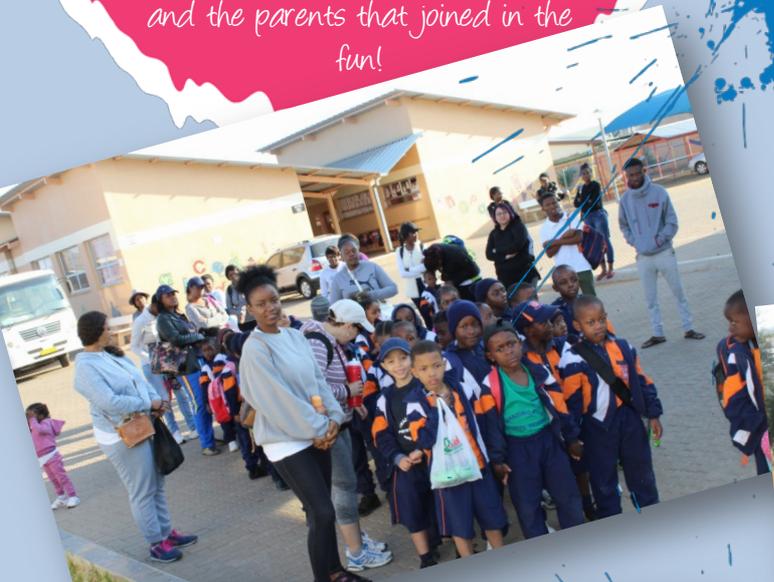
Giving generously and cheerfully.  
"Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously.  
Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver".

(2Corinthians9:6-7)



# THE BIG WALK

On the 30<sup>th</sup> of June the Primary School children took part in the "Big Walk". This event was established to raise funds towards the building of a proper school hall. The event was joined by parents and teachers. Everyone that participated had loads of fun. A big thank you to the organizers, the traffic department for ensuring the safety of our children and the parents that joined in the fun!



# ENTREPRENEURS DAY



I create  
I take risks  
I live my passion  
I am an  
**Entrepreneur**



Entrepreneurs Day is a yearly event at AKPSA, for all Entrepreneurship learners and those willing to showcase their skills in doing business. The aim of the event is to give children exposure to the environment of conducting a business. Certain business skills are developed and strengthened. The children also learn to work together in teams. Parents and fellow students came to support the event, and an atmosphere of togetherness was created. Ubuntu!

**Entrepreneur**  
[ahn-truh-pruh-nur]

A person who organizes and manages any enterprise, especially a business, usually with considerable initiative and risk.

# Upcoming Events

4 July.....	Safety Campaign Emphasis Day Theme: My Body is the temple of God
7 July.....	Readathon & Spellathon
13-14 July.....	Mid-term break
17-21 July.....	Cycle Test series
17 July.....	Grade 4 visit to Heroes Acre
18 July.....	Motivational Talk – Grade 7-12
24-31 July.....	Photo Sessions
26 & 27 July.....	General Parents' Meetings
1 & 3 August.....	in the Tent 17h30
26 July.....	Pre-Primary
27 July.....	Grade 7-11
1 August.....	Grade 4-6
3 August.....	Grade 1-3

Q: Why did the kid study in the airplane?

A: Because he wanted a higher education!

Q: What did you learn in school today?

A: Not enough, I have to go back tomorrow!

Q: How do you get straight A's?

A: By using a ruler!

Q: What did the pen say to the pencil?

A: So, what's your point!

Q: Why was the math book sad?

A: Because it had too many problems!



## Chuckles